

LEFT LUNG FUNCTION DEVELOPING ENERGY

(1)The right liver flow which began at 2:00 am flows from right leg to left stomach and through diaphragm and bottom of left lung, (2) branch "C" of right liver flow at left subclavian area which becomes left lung flow at left arm, and (3) branch "B" of left liver flow which has become Cerebrum flow in the head descends into the left side of the stomach by 4 am; all three contribute to left lung flow. At 4:00 am, the **left** lung flow begins in the stomach, and proceeding to the lungs, one branch converges with the energy that is derived from the food that has been turned into thin gruel in the stomach and distributes part of the flow on the outside of the large intestine. The remaining main flow goes through the diaphragm and enters the lung from the bottom part of the lung, and, changes into the flow that creates the lung. The left lung flow circulates through the left lungs, gathers at the trachea, comes out at the first rib ("a"), (the apex of the lung is at the first rib) and out the left subclavian area ("b") through the armpit, up the lateral side of the left arm and out the outer edge of the medial side of the elbow (thumb side 19), and

branches into ("A") and ("B") at approximately 5 inches from the wrist.

"A" passes above the major artery of the wrist and emerges at the radial (inner/medial) side of the thumb nail; circles the nail and develops the thumb.

"B" flows to the ventral (inner/medial) corner of the index finger, circles the nail and changes into **left** Large Intestine Developing Function at the outer (lateral) corner of the nail at 6 AM and flows downward.

(Wrist: the radius is on the thumb-side and the ulna is on the little finger side.)

## Lung flow self help

Left flow

Left hand: base of left rib cage (SEL 14)

Right hand: below left collar bone (SEL 22) Right hand: back of left upper arm (high SEL 19)

Right hand: base of left thumb (SEL 18) Right hand: left shoulder (SEL 11)

Right hand: below right collar bone (SEL 22)

Right hand: right 3rd rib (SEL 13)